



# Sex, Pleasure, and PrEP: The Well Project Leadership Exchange LIVE

This year for National Women and Girls HIV/AIDS Awareness Day (#NWGHAAD), The Well Project presented a powerful discussion on sex, pleasure, and PrEP.

March 21, 2024 By [The Well Project](#)

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This post originally appeared on [The Well Project](#).

Each year, National Women and Girls HIV/AIDS Awareness Day (#NWGHAAD) takes place on March 10. This year for #NWGHAAD, The Well Project presented a powerful new episode of [Leadership Exchange LIVE](#). Moderated by Ciarra “Ci Ci” Covin, don’t miss this empowering and informative discussion between The Well Project’s community advisory board member Kim Canady (Pleasure Activist) and sexologist Ashley Cobb (The Black Dr. Ruth) as they explore the unique aspects of women’s sexual experiences and discuss the importance of prioritizing pleasure and sexual satisfaction for all women living with and vulnerable to HIV. They also delve into the use of [PrEP \(pre-exposure prophylaxis\)](#) as both a preventive tool for HIV and a means to increase women’s sexual agency.

Check out this exceptional conversation from experts in the community addressing the holistic needs of women, with an emphasis on Black women’s health and wellness.

Visit our [SHE/HER/THEY](#) (Sexual Health Education/HIV Empowerment Resources/Treating HIV Equally) webpage to learn more and access additional programming around women’s sexual and reproductive health.

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The Well Project is a non-profit organization whose mission is to change the course of the HIV/AIDS pandemic through a unique and comprehensive focus on women and girls across the gender spectrum. Visit their website, <https://www.thewellproject.org/>, to access fact sheets (English and Spanish), blogs, and advocacy tools, and to join a global community of women living with HIV.

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<https://www.poz.com/blog/sex-pleasure-prep-project-leadership-exchange-live>